6 November 2026

Dear Parents and Carers,

RHE Consultation Update and Next Steps

Thank you to everyone who took the time to engage with our recent Relationships and Health Education (RHE) consultation before the half-term break. We greatly value the support, feedback and interest shown by our school community. The materials are still available for you to explore on the *Ten: Ten Life to the Full* Parent Portal.

As you may be aware, the Department for Education has issued updated guidance relating to Relationships, Health and Sex Education. We would like to reassure parents that our planned delivery of the *Ten: Ten Life to the Full* programme continues to be carefully guided by diocesan expectations and reflects the teachings and values of the Catholic Church.

At St Mary's, RHE and PSHE are taught in a way that is faithful to our Catholic ethos while also ensuring that pupils receive the statutory content required by the national curriculum. Our approach places great importance on the dignity of every person, healthy relationships, personal wellbeing and the development of moral values rooted in the Gospel.

At the heart of our approach is the belief that parents are the first and most important educators of their children. As a Catholic school, we recognise that education is most effective when home and school staff work together in partnership, sharing common values and aspirations for our children. While the school has a responsibility to provide high-quality RHE and PSHE, parents play the primary role in nurturing their child's faith, values, relationships and understanding of the world.

Having carefully considered parental feedback, we would like to invite all parents and carers to attend a session during the Lent (spring) term 2027, where they can explore the Ten:Ten *Life to the Full* resources in greater detail. This will provide an opportunity to view the materials, understand how they support the curriculum, and ask any questions they may have. This will be in advance of our delivery of the programme in the Pentecost (summer) term 2027. We hope this session will strengthen our partnership with families and provide an opportunity for questions and discussion.

We will communicate the date and further details in due course.

Thank you for your continued support.

Yours sincerely,

Mr. John Nish
Headteacher