Pathway #1: 2-year cycle over 1 term

Life to the Full Plus

Ten:Ten Resources

EYFS

Preschool

Week	Module and Unit	Session Title	Session Length
1	EYFS, Module 1, Unit 1	Story Sessions: **Handmade With Love**	5 x 5-10 minute sessions over 5 days
2	EYFS, Module 2, Unit 1	Session 1: **Role Model**	2 x 15-minute sessions
3	EYFS, Module 2, Unit 2	Session 1: **Who's Who?** + Classroom Short	20 minutes
		Session 2: **You've Got A Friend in Me**	20 minutes
		Session 3: **Forever Friends**	20 minutes
4	EYFS, Module 2, Unit 3	Session 1: **What is the Internet?**	20 minutes
		Session 2: **Playing Online**	20 minutes
5	EYFS, Module 2, Unit 4	Session 1: **Safe Inside and Out**	20 minutes
		Session 2: **My Body, My Rules**	20 minutes
		Session 3: **Feeling Poorly**	20 minutes
		Session 4: **People Who Help Us**	20 minutes
6	EYFS, Module 3, Unit 1	Session 1: **God is Love**	20 minutes
		Session 2: **Loving God, Loving Others**	20 minutes
	EYFS, Module 3, Unit 2	Session 1: **Me, You, Us**	20 minutes

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Reception

Week	Module and Unit	Session Title	Session Length
1	EYFS, Module 1, Unit 1	Story Sessions: **Handmade With Love**	5 x 5-10 minute sessions over 5 days
2	EYFS, Module 1, Unit 2	Session 1: **I Am Me**	20 minutes
		Session 2: **Heads, Shoulders, Knees and Toes**	20 minutes
		Session 3: **Ready Teddy?** + Classroom Shorts	20 minutes
3	EYFS, Module 1, Unit 3	Session 1: **I Like, You Like, We All Like!**	20 minutes
		Session 2: **All The Feelings!**	20 minutes
		Session 3: **Let's Get Real**	20 minutes
4	EYFS, Module 1, Unit 4	Session 1: **Growing Up**	20 minutes
		Session 2: **New People, New Places** + Classroom Shorts	20 minutes
5	EYFS, Module 3, Unit 1	Session 1: **God is Love**	20 minutes
		Session 2: **Loving God, Loving Others**	20 minutes
6	EYFS, Module 3, Unit 2	Session 1: **Me, You, Us**	20 minutes
		Session 2: **When I Grow Up…** + Classroom Shorts	20 minutes
		Session 3: **'Money Doesn't Grow On Trees'** + Classroom Shorts	20 minutes

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KS1

Year 1

Week	Module and Unit	Session Title	Session Length
1	KS1, Module 1, Unit 1	Story Sessions: **Let the Children Come**	5 x 10-minute sessions over 5 days
2	KS1, Module 2, Unit 1	Session 1: **God Loves You**	40 minutes
3	KS1, Module 2, Unit 2	Session 1: **Special People** + Classroom Shorts	40 minutes
		Session 2: **Treat Others Well…**	35 minutes
		Session 3: **…and Say Sorry**	30 minutes
4	KS1, Module 2, Unit 4	Session 1: **Good and Bad Secrets**	35 minutes
		Session 2: **Physical Contact**	40 minutes (or 2 x 25 minutes)
		Session 3: **Harmful Substances**	30 minutes
5	KS1, Module 2, Unit 4	Session 4: **Can You Help Me? (Part 1)**	35 minutes
		Session 5: **Can You Help Me? (Part 2)**	35 minutes
6	KS1, Module 3, Unit 1	Session 1: **Three In One**	25 minutes
		Session 2: **Who is My Neighbour?**	30 minutes
	KS1, Module 3, Unit 2	Session 1: **The Communities We Live In**	35 minutes
		Session 2: **Who Will I Be?** + Classroom Shorts	30 minutes

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Year 2

Week	Module and Unit	Session Title	Session Length
1	KS1, Module 1, Unit 1	Story Sessions: **Let the Children Come**	5 x 10-minute sessions over 5 days
2	KS1, Module 1, Unit 2	Session 1: **I Am Unique**	30 minutes
		Session 2: **Girls and Boys**	30-40 minutes
		Session 3&4: **Clean and Healthy (My Body)** + Classroom Shorts	75 minutes (to be split over two sessions)
3	KS1 Module 1, Unit 3	Session 1: **Feelings, Likes and Dislikes**	40 minutes
		Session 2: **Feeling Inside Out**	30 minutes
		Session 3: **Super Susie Gets Angry**	40 minutes
4	KS1 Module 1 Unit 4	Session 1: **The Cycle of Life**	30 minutes
		Session 2: **Beginnings and Endings**	40 minutes
		Session 3: **Change Is All Around** + Classroom Shorts	40 minutes
5	KS1, Module 2, Unit 3	Session 1: **Real Life Online**	40 minutes
		Session 2: **Rules To Help Us**	35 minutes
6	KS1, Module 3, Unit 1	Session 1: **Three In One**	25 minutes
		Session 2: **Who is My Neighbour?**	30 minutes
	KS1, Module 3, Unit 2	Session 1: **The Communities We Live In**	35 minutes
		Session 3: **Needs and Wants** + Classroom Shorts	30 minutes

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LKS2

Year 3

Week	Module and Unit	Session Title	Session Length
1	LKS2 Module 1, Unit 1	Story Sessions: **Get Up!**	5 x 15-minute sessions over 5 days
		Session 2: **The Sacraments**	40 minutes
2	LKS2 Module 2, Unit 1	Story Sessions: **Jesus, My Friend**	4 x 15-minute sessions over 4 days
3	LKS2 Module 2, Unit 2	Session 1: **Family, Friends and Others…** + Classroom Short	45 minutes
		Session 2: **When Things Feel Bad**	45 minutes
		Session 3: **Balancing Needs**	45 minutes
4	LKS2 Module 2, Unit 3	Session 1: **Sharing Online**	35 minutes
		Session 2: **Chatting Online** + Classroom Shorts	35 minutes
5	LKS2 Module 2, Unit 4	Session 1: **Safe In My Body** + Classroom Shorts	45 minutes
		Session 2: **Recognising Risk** + Classroom Shorts	45 minutes
		Session 3: **Drugs, Alcohol and Tobacco**	45 minutes
		Session 4: **First Aid Heroes**	45 minutes
		Session 5: **Rights and Responsibilities** + Classroom Shorts	40 minutes
6	LKS2 Module 3, Unit 1	Session 1: **A Community of Love**	40 minutes
		Session 2: **What is the Church?**	35 minutes
	LKS2 Module 3, Unit 2	Session 1: **How Do I Love Others?**	45 minutes
		Session 2: **Working Together** + Classroom Shorts	40 minutes

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Year 4

Week	Module and Unit	Session Title	Session Length
1	LKS2 Module 1, Unit 1	Story Sessions: **Get Up!**	5 x 15-minute sessions over 5 days
2&3	LKS2 Module 1, Unit 2	Session 1: **We Don't Have to be the Same**	40 minutes
		Session 2: **Respecting our Bodies** + Classroom Shorts	40 minutes
		Session 3: **What is Puberty?**	40 minutes
		Session 4: **Changing Bodies**	40 minutes
		Session 5: **Male/Female Discussion Groups (optional)**	45 minutes
4	LKS2 Module 1, Unit 3	Session 1: **What Am I Feeling?** + Classroom Short	40 minutes
		Session 2: **What Am I Looking At?**	35 minutes
		Session 3: **I Am Thankful**	40 minutes
5	LKS2 Module 1, Unit 4	Session 1: **Life Cycles**	40 minutes
		Session 2: **A Time For Everything**	45 minutes
		Session 3: **Big Changes, Little Changes** + Classroom Shorts	40 minutes
6	LKS2 Module 3, Unit 1	Session 1: **A Community of Love**	40 minutes
		Session 2: **What is the Church?**	35 minutes
	LKS2 Module 3, Unit 2	Session 1: **How Do I Love Others?**	45 minutes
		Session 3: **Money Matters** + Classroom Shorts	40 minutes

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UKS2

Year 5

Week	Module and Unit	Session Title	Session Length
1	UKS2 Module 1, Unit 1	Story Sessions: **Calming the Storm**	5 x 15-minute sessions over 5 days
2	UKS2 Module 2, Unit 1	Session 1: **God Is Calling You**	60 minutes
3	UKS2 Module 2, Unit 2	Session 1: **Under Pressure** + Classroom Short	60 minutes
		Session 2: **Do You Want A Piece of Cake?**	60 minutes
		Session 3: **Self-Talk**	60 minutes
4	UKS2 Module 2, Unit 3	Session 1: **Sharing Isn't Always Caring**	60 minutes
		Session 2: **Cyberbullying** + Classroom Shorts	60 minutes
5	UKS2 Module 2, Unit 4	Session 1: **Types of Abuse** + Classroom Shorts	60-90 minutes
		Session 2: **Impacted Lifestyles** + Classroom Shorts	60 minutes
		Session 3: **Making Good Choices**	60 minutes
		Session 4: **Giving Assistance**	60 minutes
6	UKS2 Module 3, Unit 1	Session 1: **The Holy Trinity**	60 minutes
		Session 2: **Catholic Social Teaching**	60 minutes
	UKS2 Module 3, Unit 2	Session 1: **Reaching Out**	60 minutes
		Session 2: **The World of Work** + Classroom Shorts	60 minutes

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Year 6

Week	Module and Unit	Session Title	Session Length
1	UKS2 Module 1, Unit 1	Story Sessions: **Calming the Storm**	5 x 15-minute sessions over 5 days
2	UKS2 Module 1, Unit 2	Session 1: **Gifts and Talents**	60 minutes
		Session 2: **Girls' Bodies**	60 minutes
		Session 3: **Boys' Bodies**	60 minutes
		Session 4: **Spots and Sleep** + Classroom Shorts	60 minutes
3	UKS2 Module 1, Unit 3	Session 1: **Body Image**	60 minutes
		Session 2: **Peculiar Feelings**	60 minutes
		Session 3: **Emotional Changes**	60 minutes
		Session 4: **Seeing Stuff Online**	60 minutes
4	UKS2 Module 1, Unit 4	Session 1: **Making Babies (Part 1)**	60 minutes
		Session 2: **Making Babies (Part 2)** May be omitted or may be set as a homework task with parents.	60 minutes
		Session 3: **Menstruation**	60 minutes
		Session 4: **Hope Beyond Death**	60 minutes
5	UKS2 Module 1, Unit 4	Session 5: **Coping with Change** + Classroom Shorts	60 minutes
	UKS2 Module 2, Unit 2	Session 4: **Confidence vs Control**	60 minutes
		Session 5: **Build Others Up** + Classroom Shorts	60 minutes
6	UKS2 Module 3, Unit 1	Session 1: **The Holy Trinity**	60 minutes
		Session 2: **Catholic Social Teaching**	60 minutes
	UKS2 Module 3, Unit 2	Session 1: **Reaching Out**	60 minutes
		Session 3: **Money and Me** + Classroom Shorts	60 minutes