



9 October 2026

Dear Parents and Carers,

RHE Parent Consultation 2026

In 2020, Relationships Education and Health Education (RHE) became statutory for all primary schools in England. This summer, the Department for Education published new guidance for teaching RSHE, to be implemented from September 2026. As a Catholic school, our mission is to support the spiritual, moral, social and cultural (SMSC) development of all of our pupils, rooted in the wisdom and teaching of the Church. The education of children in human sexuality is an important, precious and privileged responsibility. The Church teaches us that this is very much a partnership with parents, in which parents are the 'first educators' of their children on these matters; ultimately, you confer on us the right to co-educate your children with you.

Previously, our school has used the '*Journey in Love*' and '*1Decision*' schemes to deliver this element of our curriculum, typically taught in the Pentecost (Summer) term. From September 2026, we have been directed by the diocese to use the programme: 'Life to the Full' by Ten:Ten Resources. Ten:Ten Resources is an award-winning Catholic educational organisation that is well-respected and has been approved by our diocese (in partnership with the Catholic Education Service and the Department for Education). Through their programme, Ten:Ten Resources understand the foundational role that parents have in educating and nurturing their children on these matters. Within the programme, they have built in resources which will not only keep you informed about what is being taught in school but will also give you the opportunity to engage your children in discussion, activity and prayer.

As part of our consultation, we would like to have your feedback on our approach, and particularly on the key decisions that we need to take regarding the teaching of certain sensitive topics. To this end, we have opened a consultation period during which we welcome your feedback. Ten:Ten Resources have provided an online Parent Consultation Tool. This is a simple-to-follow, short online course which:

- Outlines the statutory requirements for teaching Relationships and Sex Education in England
- Articulates a vision for Catholic Relationships and Health Education.
- Explains how Life to the Full aims to help us fulfil the statutory curriculum with a Catholic ethos.
- Provides some information about key decisions we need to make as a school, in consultation with you, our parents.
- Answers some Frequently Asked Questions.

Ten:Ten Resources have also provided an Online Parent Portal which is available to you throughout the year to keep you informed about your child's modules and learning.



To take part in the consultation, please do the following:

- Access the Parent Consultation Tool here: <https://www.tentenresources.co.uk/parent-consultation-primary/>
- Undertake the Parent Consultation Course provided (this should take approximately 30 minutes to complete). This course is one of the ways that our school is opening up consultation with you. You will be able to access some of the curriculum resources and learn more about the programme of study.
- You will need the following login credentials for our school to access the Parent Portal:

Username: parents-st-marys-catholic-voluntary-academy

Password: SK65BRMMB*

- Complete the following questionnaire to share your opinion around our school's key decisions: [RHE Consultation – Fill out form](#).

Please do not complete the questionnaire without first completing the Parent Consultation Course – there is key information in the course that is needed for the questionnaire! Thank you.

- Please send us your feedback via the questionnaire by **4:00pm on Friday 23rd October 2026**.

We hope that this consultation not only assures you about the programme of resources we use but also gives you the opportunity to have your say about the decisions we take as a school. If you experience any difficulties accessing the Parent Consultation materials, or have any further questions, please do not hesitate to contact me. Thank you, in advance, for your support.

Yours sincerely,

Mr. John Nish

Headteacher

Mrs E Thompson

PSHE Leader