



RSE – Journey in Love – Progression Map

Throughout our entire curriculum, children at all ages and stages refer to the parts of the body by their scientific, anatomical names as recommended by DfE and NSPCC.

Early Years	The Wonder of Being Special and Unique	
Unit Objective	To explore the wonder of being special and unique	
Key Words	God, unique, different, special, eyes, hair, boy, girl, hands, fingers, name, family, love, womb, describe, baptism	
Key skills	Listening, sharing, observing, relating, speaking, respecting, reflecting, praying, understanding, celebrating, creating.	
Social and Emotional	Physical	Spiritual
To recognise the joy of being a special person in my family	To recognise that we are all different and unique.	To celebrate the joy of being a special person in God's family.

Year One	We Meet God's Love in Our Family	
Unit Objective	To focus on families and specially growing up in a loving, secure and stable home.	
Key Words	Unique, friend, respect, secure, God, Love, care commitment, stable, important, different, special, signs, healthy, safe, boundaries, kindness, teasing, bullying, positive, negative, wrong, unacceptable, truth, lies, head, eyes, nose, mouth, teeth, tongue, throat, neck, shoulders, arms, legs, knees, ankles, feet and toes.	
Key skills	Listening, sharing, observing, relating, speaking, respecting, reflecting, praying, understanding, celebrating, recognising, deciding.	
Social and Emotional	Physical	Spiritual
To recognise signs that I am loved in my family.	To recognise how I am cared for and kept safe in my family.	To celebrate ways that God loves and cares for us.

Year Two	We Meet God's Love in the Community	
Unit Objective	To describe how we are growing and developing in diverse communities that are God-given.	
Key Words	Community, local, global, impact, responsibility, harm, improve, God-given, belonging, family, diverse, father, mother, carer, guardian, feelings, recognise, emotions, friendships, relationships, secrets, stereotypes, respect, equal.	
Key skills	Listening, observing, relating, speaking, respecting, reflecting, praying, understanding, describing, recognising, informing, forgiving.	
Social and Emotional	Physical	Spiritual
To recognise the joy and friendship of belonging to a diverse community.	To describe ways of being safe in communities.	To celebrate ways of meeting God in our communities.

Year Three	How We Live in Love	
Unit Objective	To describe and give reasons for how we grow in love in caring and happy friendships where we are secure and safe.	
Key Words	Community, God-given, belonging, family, diverse, father, mother, carer, guardian, feelings, recognise, emotions, friendships, relationships, kindness, trust, selfless, generous, difficulties, positive, respectful.	
Key skills	Listening, observing, relating, speaking, respecting, reflecting, praying, understanding, describing, articulating, welcoming, choosing wisely.	
Social and Emotional	Physical	Spiritual
To describe and give reasons how friendships make us feel safe and happy..	To describe and give reasons why friendships can break down, how they can be repaired and strengthened..	To celebrate the joy and happiness of living in friendship with God and others.



Year Four	God Loves us in our Differences	
Unit Objective	To make links and connections to show that we are all different. To celebrate these differences as we appreciate that God's love accepts us as we are now and as we change.	
Key Words	God, gifts, talents, difference, development, change, stereotype, acceptance, cultural, biological, respect, courtesy, manners, sensitivity, religious, belief, bullying, polite, uniqueness, innate, beauty, dignity, body, eyes, nose, mouth, teeth, tongue, throat, neck, shoulders, arms, legs, knees, ankles, feet, toes, breasts, nipples, waist, elbows, penis, vagina, vulva, bottom and anus.	
Key skills	respecting, encouraging, recognising, appreciating, celebrating, relating.	
Social and Emotional	Physical	Spiritual
To describe how we all should be accepted and respected.	To describe how we should treat others making links with the diverse modern society we live in.	To celebrate the uniqueness and innate beauty of each of us.

Year Five	God Loves us in our Changing and Developing	
Unit Objective	Show a knowledge and understanding of how we grow in awareness of the physical and emotional changes that accompany puberty – sensitivity, mood swings, anger, boredom etc. and grow further in recognising God's presence in our daily lives.	
Key Words	God, sensitivity; puberty; presence; celebrate; external; internal; change; develop; ovulation; biological, respect, reproduction; hormones; menstrual cycle, pituitary gland, uterus, fertilised ovum, fallopian tube, vagina, vulva, cervix, womb, period.	
Key skills	respecting, adapting, recognising, developing, considering, relating, supporting, deciding, accepting, helping.	
Social and Emotional	Physical	Spiritual
To show knowledge and understanding of emotional relationship changes as we grow and develop.	To show knowledge and understanding of the physical changes in puberty.	To celebrate the joy of growing physically and spiritually.

Year Six	The Wonder of God's Love in Creating New Life	
Unit Objective	To develop a secure understanding of what stable, caring, relationships are and the different kinds there may be. Focussing on Catholic teaching, children will also know and understand about the conception of a child within marriage.	
Key Words	God; Christian; appropriate; dignity; sexuality; intercourse; fallopian; conceive; relationship; uterus; cervix; marriage; fiancé; fiancée	
Key skills	Categorising; observing; classifying; listening; questioning; speaking; relating; respecting; reflecting; thinking; identifying; accepting; empathising; understanding; communicating; presenting; evaluating; researching	
Social and Emotional	Physical	Spiritual
To develop a secure understanding that stable and caring relationships, which may be of different types, are at the heart of happy families.	Explain how human life is conceived.	Show a understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others including life-long relationships.