



November 2023

Dear Parents and Carers,

We would like to keep you updated about the teaching and learning of PSHE and RSE at St. Mary's. Your feedback is invaluable and we would ask you to complete a short, online questionnaire once you have explored our learning materials.

PSHE (Personal, social, health and economic education) at St Mary's makes a significant contribution to the spiritual, moral, social and cultural development of the children as well as their behaviour, safety and wellbeing. Through our PSHE curriculum, guided by our SANCTA values, we hope that our children will develop the values, qualities and attributes needed to thrive as individuals, family members and members of modern British society. Their wellbeing and attainment will help our young people to become successful and happy adults who make a meaningful contribution to society.

RSE (Relationships, Sex and Health Education) is a compulsory part of our curriculum. We want the subject to put in place the key building blocks of healthy, respectful relationships, focusing on family and friendships, in all contexts, including online. At St. Mary's, we draw on a number of resources to teach PSHE and RSE, including Journey in Love (a recommended programme of study for Catholic schools for Relationships and Sex education), 1Decision (PSHE scheme of work), Come and See (the RE scheme of work) and our Science lessons too, based on the National Curriculum. We would like to share some of these resources with you. Please follow the links below to explore our PSHE and RSE curriculum.

The 1Decision Parent Portal where you can look at some sample resources:	https://www.1decision.co.uk/resources/parent-carer-zone
Some bespoke resources linked to puberty and conception used in St Mary's in Upper Key Stage Two (Year 5 and 6) :	https://www.youtube.com/watch?v=Xo26T3KUPoC https://www.youtube.com/watch?v=41A8ct8q4QY
Journey in Love resources on our school website:	https://www.stmarysmarplebridge.srscmat.co.uk/curriculum/2021-2022-curriculum/rshe-relationships-sex-health-education/
Further information regarding our curriculum design for PSHE:	https://www.stmarysmarplebridge.srscmat.co.uk/curriculum/2021-2022-curriculum/pshe-personal-social-health-education/
St Mary's RSE policy:	https://www.stmarysmarplebridge.srscmat.co.uk/curriculum/2021-2022-curriculum/rshe-relationships-sex-health-education

Your feedback, thoughts and opinions are vital in supporting our work with your children. Please complete this online form once you have had the opportunity to explore the materials:

<https://forms.office.com/e/gxbbjZYcuB>. Thank you for your valued and continued support.

Yours sincerely,

Mrs Elizabeth Thompson (PSHE Subject Leader and Mr John Nish (Headteacher)



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