

# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## New Beginnings

Stories of new beginnings are found everywhere in scripture... God even forms a new covenant with his people!

Sometimes a new beginning is made with a new name, just like St Bartholomew who is known as Nathaniel in The Bible. More importantly though, it's the actions of a person that marks a new beginning.

How will you make a new beginning in your life this week?

## 21st Week in Ordinary Time

WEEK  
1

**Sunday**      **23/8**      **21st SUNDAY IN ORDINARY TIME**

**Monday**      **24/8**      **Saint Bartholomew, Apostle FEAST**

**Tuesday**      **25/8**      **Tuesday of week 21 in Ordinary Time or Saint Louis or Saint Joseph of Calasanz, Priest**

**Wednesday**      **26/8**      **Wednesday of week 21 in Ordinary Time or Blessed Dominic of the Mother of God (Dominic Barberi), Priest**

**Thursday**      **27/8**      **Saint Monica**

**Friday**      **28/8**      **Saint Augustine, Bishop, Doctor**

**Saturday**      **29/8**      **The Beheading of Saint John the Baptist**

# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Welcome

At this time of year we welcome many new people into our communities and we also welcome old friends back after a long time apart.

Being a welcoming community is at the heart of our faith and this week, perhaps you could find ways to make someone feel welcome, particularly if they feel left out or nervous.

The start to this year will be unlike any other - what can you do to help someone this week?

## 22nd Week in Ordinary Time

WEEK  
2

**Sunday**      **30/8**      **22ND SUNDAY IN ORDINARY TIME**

**Monday**      **31/8**      Monday of week 22 in Ordinary Time or Saint Aidan, Bishop and Missionary, and the saints of Lindisfarne

**Tuesday**      **1/9**      Tuesday of week 22 in Ordinary Time

**Wednesday**      **2/9**      Wednesday of week 22 in Ordinary Time

**Thursday**      **3/9**      **SAINT GREGORY THE GREAT, POPE, DOCTOR Feast**

**Friday**      **4/9**      Friday of week 22 in Ordinary Time or Saint Cuthbert, Bishop

**Saturday**      **5/9**      Saturday of week 22 in Ordinary Time or Saturday memorial of the Blessed Virgin Mary

# Extra-Ordinary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Learning

Our Faith gives us the chance to learn so much more than you can ever find in a text book.

It helps us to learn how to live and grow as people. When we learn about Jesus we can also learn about ourselves.

Think about the biggest lessons you've learnt in your life and how you've changed because of them. What could you learn this week about your faith?

Don't forget to check out the 'Learn' stream on NDCYS Live on YouTube

## 23rd Week in Ordinary Time

WEEK

3

**Sunday**      **6/9**      **23RD SUNDAY IN ORDINARY TIME**

**Monday**      **7/9**      Monday of week 23 in Ordinary Time

**Tuesday**      **8/9**      **THE BIRTHDAY OF THE BLESSED VIRGIN MARY Feast**

**Wednesday**      **9/9**      Wednesday of week 23 in Ordinary Time or Saint Peter Claver

**Thursday**      **10/9**      Thursday of week 23 in Ordinary Time

**Friday**      **11/9**      Friday of week 23 in Ordinary Time

**Saturday**      **12/9**      Saturday of week 23 in Ordinary Time or The Most Holy Name of Mary or Saturday memorial of the Blessed Virgin Mary

# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Community

This week we think about the people in our lives.

Our community changes and grows all the time and every person who comes in brings something special and unique.

We've not seen those in our communities for so long and being back together helps us to be grateful for those around us.

How can you look out for those in our community who we sometimes overlook - how can we show them they are important and valued?

## 24th Week in Ordinary Time

WEEK

4

**Sunday**      **13/9**      24TH SUNDAY IN ORDINARY TIME

**Monday**      **14/9**      THE EXALTATION OF THE HOLY CROSS Feast

**Tuesday**      **15/9**      Our Lady of Sorrows

**Wednesday**      **16/9**      Saints Cornelius, Pope, and Cyprian, Bishop, Martyrs

**Thursday**      **17/9**      Thursday of week 24 in Ordinary Time or Saint Robert Bellarmine, Bishop, Doctor

**Friday**      **18/9**      Friday of week 24 in Ordinary Time

**Saturday**      **19/9**      Saturday of week 24 in Ordinary Time or Saint Januarius, Bishop, Martyr or Saint Theodore of Tarsus, Archbishop of Canterbury or Saturday memorial of the Blessed Virgin Mary

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# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Inclusion

Jesus calls all people to follow him. He often caused outrage by being friends with the kinds of people society didn't like.

Think this week about those people who often get left out.

How can you show God's love and compassion to them?

## 25th Week in Ordinary Time

WEEK

1

**Sunday**      **20/9**      25TH SUNDAY IN ORDINARY TIME

**Monday**      **21/9**      SAINT MATTHEW, APOSTLE,  
EVANGELIST Feast

**Tuesday**      **22/9**      Tuesday of week 25 in Ordinary Time

**Wednesday**      **23/9**      Saint Pius of Pietrelcina (Padre Pio)

**Thursday**      **24/9**      Our Lady of Walsingham

**Friday**      **25/9**      Friday of week 25 in Ordinary Time

**Saturday**      **26/9**      Saturday of week 25 in Ordinary Time  
or Saints Cosmas and Damian, Martyrs  
or Saturday memorial of the Blessed  
Virgin Mary

# Extra-Ordinary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Belonging

This week we're going to focus on what it means to belong.

We sometimes forget that being connected to the Catholic Church means we're part of something incredible.

There are 2 billion people who call themselves Christian and 1.1 Billion of them are Catholic.

Think this week about what you belong to. How does it feel to belong to something special and what effect does it have on your life?

## 26th Week in Ordinary Time

WEEK

2

**Sunday**      **27/9**      **26TH SUNDAY IN ORDINARY TIME**

**Monday**      **28/9**      Monday of week 26 in Ordinary Time  
or Saint Wenceslaus, Martyr  
or Saints Laurence Ruiz and his  
Companions, Martyrs

**Tuesday**      **29/9**      **SAINTS MICHAEL, GABRIEL AND  
RAPHAEL, ARCHANGELS Feast**

**Wednesday**      **30/9**      **Saint Jerome, Priest, Doctor**

**Thursday**      **1/10**      **Saint Thérèse of the Child Jesus,  
Virgin, Doctor**

**Friday**      **2/10**      **The Holy Guardian Angels**

**Saturday**      **3/10**      Saturday of week 26 in Ordinary Time  
or Saturday memorial of the Blessed  
Virgin Mary

# Extra-Ordinary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Rosary

October is a month dedicated to the Holy Rosary. On Wednesday we celebrate Our Lady of the Rosary and it's a reminder that we can look to Mary not only as an example, but also as a friend who prays with us when we need her the most.

Think about who you want to pray for at the moment and maybe take some time this week to come to pray with Mary.

## 27th Week in Ordinary Time

WEEK

3

**Sunday 4/10** 27TH SUNDAY IN ORDINARY TIME

**Monday 5/10** Monday of week 27 in Ordinary Time or Blessed Robert Sutton, Anthony Turner, George Douglas and the Martyrs of Leicestershire

**Tuesday 6/10** Tuesday of week 27 in Ordinary Time or Saint Bruno, Priest

**Wednesday 7/10** **Our Lady of the Rosary**

**Thursday 8/10** Thursday of week 27 in Ordinary Time

**Friday 9/10** Friday of week 27 in Ordinary Time or Saints Denis, Bishop, and his companions, Martyrs or Saint John Leonardi, Priest or Saint John Henry Newman, Priest

**Saturday 10/10** **Saint Paulinus, Bishop, and the Anglo-Saxon saints of our diocese**

THIS WEEK'S THEME:

## Relationships

This week we celebrate a number of special Holy men and women. Each of them had a special relationship with God.

St Teresa of Avila often had a difficult relationship with God and found a way to connect through prayer. She didn't find it easy though and it reminds us that any relationship we have takes time, effort and work, especially our relationship with God.

What are the most important relationships in your life?  
How is your relationship with God?

Check out Extra-Ordo-Nary online at [YouTube.com/ndcyslive](https://www.youtube.com/ndcyslive)

## 28th Week in Ordinary Time

WEEK

4

**Sunday 11/10** 28TH SUNDAY IN ORDINARY TIME

**Monday 12/10** Monday of week 28 in Ordinary Time or Saint Wilfrid, Bishop and Missionary or Saint Hilda of Whitby, Abbess

**Tuesday 13/10** Tuesday of week 28 in Ordinary Time or Saint Edward the Confessor, King

**Wednesday 14/10** Wednesday of week 28 in Ordinary Time or Saint Callistus, Pope, Martyr

**Thursday 15/10** **Saint Teresa of Ávila, Virgin, Doctor**

**Friday 16/10** Friday of week 28 in Ordinary Time or Saint Hedwig, Religious or Saint Margaret Mary Alacoque, Virgin

**Saturday 17/10** **Saint Ignatius of Antioch, Bishop, Martyr**



# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Encounter

The definition of an Encounter is "An unexpected meeting". We can encounter Christ in lots of different places but maybe this week we can think about finding Christ in those places we don't expect to. Maybe we should also think about how we can take Christ to unexpected places too. We can be the face of Christ to other people and by trying to live our lives like him we can help other people meet him, even if they don't expect it!

Don't forget to check out our Encounter stream on NDCYS Live to see lots of ways to encounter Christ in your everyday lives.

Check out Extra-Ordo-Nary online at [YouTube.com/ndcyslives](https://www.youtube.com/ndcyslives)

## 29th Week in Ordinary Time

WEEK

1

**Sunday 18/10** 29TH SUNDAY IN ORDINARY TIME

**Monday 19/10** Monday of week 29 in Ordinary Time or Saints John de Brébeuf and Isaac Jogues, priests, and their Companions, Martyrs or Saint Paul of the Cross, Priest

**Tuesday 20/10** Tuesday of week 29 in Ordinary Time

**Wednesday 22/10** Wednesday of week 29 in Ordinary Time

**Thursday 22/10** Thursday of week 29 in Ordinary Time or Saint John Paul II, Pope

**Friday 23/10** Friday of week 29 in Ordinary Time or Saint John of Capistrano, Priest

**Saturday 24/10** Saturday of week 29 in Ordinary Time or Saint Antony Mary Claret, Bishop or Saturday memorial of the Blessed Virgin Mary

# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Equality

There are lots of places in our world where people are not treated equally, because of their race, their gender, or just because they're different.

Think this week about how you can see each and every person as a unique and special child of God - created in his image and equal to everybody else.

## 30th Week in Ordinary Time

WEEK

2

**Sunday**      **25/10**      **30TH SUNDAY IN ORDINARY TIME**

**Monday**      **26/10**      Monday of week 30 in Ordinary Time or Saints Chad and Cedd, Bishops and Missionaries

**Tuesday**      **27/10**      Tuesday of week 30 in Ordinary Time

**Wednesday**      **28/10**      **SAINTS SIMON AND JUDE, APOSTLES** Feast

**Thursday**      **29/10**      Thursday of week 30 in Ordinary Time

**Friday**      **30/10**      Friday of week 30 in Ordinary Time

**Saturday**      **31/10**      Saturday of week 30 in Ordinary Time or Saturday memorial of the Blessed Virgin Mary

# Extra-Ordinary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Saints

The Saints are a fascinating part of our Church history and tradition.

A saint is one of those men and women who in their life, and often their death, set us an example of how to live a life for God. They're were not all perfect however!

Often they made bad choices and mistakes in their lives too before turning back to God.

They give hope to us all that we can be better people and one day become saints ourselves!

## 31st Week in Ordinary Time

WEEK

3

**Sunday**      **1/11**      **ALL SAINTS Solemnity**

**Monday**      **2/11**      **ALL SOULS**

**Tuesday**      **3/11**      Tuesday of week 31 in Ordinary Time  
or Saint Martin de Porres, Religious  
or Saint Winifride, Virgin

**Wednesday**      **4/11**      **Saint Charles Borromeo, Bishop**

**Thursday**      **5/11**      Thursday of week 31 in Ordinary Time

**Friday**      **6/11**      Friday of week 31 in Ordinary Time

**Saturday**      **7/11**      Saturday of week 31 in Ordinary Time  
or Saint Willibrord, Bishop and issionary  
or Saturday memorial of the Blessed  
Virgin Mary

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# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Individuality

God created us all equal - not all the same.

Each and every person is an unique and special creation of God and this week we need to celebrate all of the things that make us who we are and that make other people individual. We are told that being 'different' is bad and that we should be 'normal' but there is no such thing as normal!

Take some time to find the things you love about the people around you and praise and celebrate them for their individuality.

Check out Extra-Ordo-Nary online at [YouTube.com/ndcyslive](https://www.youtube.com/ndcyslive)

## 32nd Week in Ordinary Time

WEEK  
4

**Sunday 8/11** 32ND SUNDAY IN ORDINARY TIME

**Monday 9/11** DEDICATION OF THE LATERAN BASILICA Feast

**Tuesday 10/11** Saint Leo the Great, Pope, Doctor

**Wednesday 11/11** Saint Martin of Tours, Bishop

**Thursday 12/11** Saint Josaphat, Bishop, Martyr

**Friday 13/11** Friday of week 32 in Ordinary Time

**Saturday 14/11** Saturday of week 32 in Ordinary Time or Saturday memorial of the Blessed Virgin Mary

# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Worship

This week we remember the Presentation of Our Lady at The Temple - this was an Act of Worship that all Jewish families did to give thanks to God for their child.

When we come together to worship God we are celebrating all that is good in our lives and reminding ourselves where those blessings come from.

This week think about something you want to celebrate and find a way to give thanks for it.

## 33rd Week in Ordinary Time

WEEK

1

**Sunday 15/11** 33RD SUNDAY IN ORDINARY TIME

**Monday 16/11** Monday of week 33 in Ordinary Time or Saint Margaret of Scotland or Saint Gertrude, Virgin or Saint Edmund of Abingdon, Bishop

**Tuesday 17/11** SAINT HUGH OF LINCOLN, BISHOP, PATRON OF THE DIOCESE Feast

**Wednesday 18/11** Wednesday of week 33 in Ordinary Time or Dedication of the Basilicas of Saints Peter and Paul, Apostles

**Thursday 19/11** Saint Elizabeth of Hungary, Religious

**Friday 20/11** Friday of week 33 in Ordinary Time

**Saturday 21/11** The Presentation of the Blessed Virgin Mary

# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Youth

On the feast of Christ the King, every year, the church focuses on its young people and celebrates everything that you bring to the world. Youth is not just about age however - it's about our attitude. Anyone can be youthful if they fill their lives with joy and excitement.

National Youth Sunday is a chance to recognise what young people bring to the Church of today. Think this week about what it's like to being a young person in today's world - is it easy? What difference can you make to the world around you?

## 34th Week in Ordinary Time

WEEK

2

**Sunday 22/11 CHRIST THE KING**

**Monday 23/11** Monday of week 34 in Ordinary Time or Saint Clement I, Pope, Martyr or Saint Columbanus, Abbot and Missionary

**Tuesday 24/11** **Saints Andrew Dũng-Lạc and his Companions, Martyrs**

**Wednesday 25/11** Wednesday of week 34 in Ordinary Time or Saint Catherine of Alexandria, Virgin, Martyr

**Thursday 26/11** Thursday of week 34 in Ordinary Time

**Friday 27/11** Friday of week 34 in Ordinary Time

**Saturday 28/11** Saturday of week 34 in Ordinary Time or Saturday memorial of the Blessed Virgin Mary

# Extra-Ordinary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Hope

The first week of Advent is themed around Hope.

It's a chance to remember the hope of God's people as they waited for a messiah and an opportunity to reflect on our hope that one day Jesus will come again. What are you hopeful for in our world? If you could have just one hope for the future what would it be?

God gives hope to everyone and as we enter the season of Advent we should remember that whenever things are difficult we can always hope in God.

Check out Extra-Ordinary online at [YouTube.com/ndcyslive](https://www.youtube.com/ndcyslive)

## 1st Week of Advent

WEEK  
1

**Sunday**      **29/11**      **1ST SUNDAY OF ADVENT**

**Monday**      **30/11**      **SAINT ANDREW, APOSTLE Feast**

**Tuesday**      **1/12**      Tuesday of the 1st week of Advent or Saint Ralph Sherwin and the Martyrs of Derbyshire

**Wednesday**      **2/12**      Wednesday of the 1st week of Advent

**Thursday**      **3/12**      **Saint Francis Xavier, Priest**

**Friday**      **4/12**      Friday of the 1st week of Advent or Saint John Damascene, Priest, Doctor

**Saturday**      **5/12**      Saturday of the 1st week of Advent

# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Peace

God gave himself to the world, not as a powerful king but as a tiny baby.

He brought a message of peace and humility to a world that needed it more than ever. Think this week about the peace in our world.

Does everybody live in the peaceful communities that we do?

This week let's try and remember that during Advent we are called to bring the peace of Christ to everyone we meet.

Check out Extra-Ordo-Nary online at [YouTube.com/ndcyslive](https://www.youtube.com/ndcyslive)

## 2nd Week of Advent

WEEK  
2

**Sunday 6/12** 2ND SUNDAY OF ADVENT

**Monday 7/12** Saint Ambrose, Bishop, Doctor

**Tuesday 8/12** THE IMMACULATE CONCEPTION OF OUR LADY, PRINCIPAL PATRON OF OUR DIOCESE Solemnity

**Wednesday 9/12** Wednesday of the 2nd week of Advent or Saint Juan Diego Cuauhtlatotzin

**Thursday 10/12** Thursday of the 2nd week of Advent or Saints Augustine Webster and Eustace White, and the Martyrs of Lincolnshire or Our Lady of Loreto

**Friday 11/12** Friday of the 2nd week of Advent or Saint Damasus I, Pope

**Saturday 12/12** Saturday of the 2nd week of Advent or Our Lady of Guadalupe



# Extra-Ordinary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Joy

## 3rd Week of Advent

WEEK  
3

**Sunday**

**13/12**

3RD SUNDAY OF ADVENT

**Monday**

**14/12**

Saint John of the Cross, Priest,  
Doctor

**Tuesday**

**15/12**

Tuesday of the 3rd week of Advent

**Wednesday**

**16/12**

Wednesday of the 3rd week of Advent

**Thursday**

**17/12**

Thursday of the 3rd week of Advent

**Friday**

**18/12**

Friday of the 3rd week of Advent

**Saturday**

**12/12**

Saturday of the 3rd week of Advent

The third week of Advent is centered on joy.

We celebrate Gaudete Sunday to remind us of the Joy of Christmas that is almost here.

It's a great chance to think about what brings us joy in our lives and to give thanks for it.

It's also an opportunity to reflect on how we can bring joy to those around us and make the world a more joyful place for everyone!

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THIS WEEK'S THEME:

## Love

**Sunday 20/12 4TH SUNDAY OF ADVENT**

**Monday 21/12** 21st December  
(commemoration of Saint Peter Canisius, Priest, Doctor)

**Tuesday 22/12** 22nd December

**Wednesday 23/12** 23rd December  
(commemoration of Saint John of Kęty, Priest)

**Thursday 24/12** 24th December

**Friday 25/12** **CHRISTMAS DAY Solemnity**

**Saturday 26/12** **SAINT STEPHEN, THE FIRST MARTYR Feast**

In the final week of Advent we focus on love.

We recognise the love Joseph had for Mary, the love they had for Jesus and the love God showed the world when he gave us his only son.

Jesus' birth is the greatest act of love in all of history and it inspires us to always share that love with other people.

Who do you love and how do you show it?!

THIS WEEK'S THEME:

## Family

## 1st Week of Christmastide

**Sunday 27/12 THE HOLY FAMILY**

**Monday 28/12 THE HOLY INNOCENTS, MARTYRS  
Feast**

**Tuesday 29/12 SAINT THOMAS BECKET, BISHOP,  
MARTYR Feast**

**Wednesday 30/12 6th day within the octave of  
Christmas**

**Thursday 31/12 7th day within the octave of  
Christmas (commemoration of Saint  
Silvester I, Pope)**

**Friday 1/1 MARY, MOTHER OF GOD  
Solemnity**

**Saturday 2/1 Saints Basil the Great and Gregory  
Nazianzen, Bishops, Doctors**

Christmas is a time when we remember the Holy Family and it's a time to think about the people we call family too.

What makes a good family and how can you bring love and support to those people who are close to you?

Mary and Joseph often faced struggles as a family - but they faced them together.

How can you support the people you love and bring them strength?

# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Epiphany

On the 6th of January celebrate the feast of the Epiphany - when the Magi from the east brought gifts of Gold, Frankincense and Myrrh to the baby Jesus.

For us it's an opportunity to think about the gifts we've been given and how we use them to serve God.

It's also a chance to give thanks for all those who give so much to us every day.

## 2nd Week of Eastertide

WEEK

2

**Sunday**      **3/1**      **2ND SUNDAY OF CHRISTMAS**

**Monday**      **4/1**      4th January

**Tuesday**      **5/1**      5th January

**Wednesday**      **6/1**      **THE EPIPHANY OF THE LORD  
Solemnity**

**Thursday**      **7/1**      7th January or Saint Raymond of  
Penafort, Priest

**Friday**      **8/1**      8th January

**Saturday**      **9/1**      9th January

# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Discipleship

Being a disciple means following a teacher or a way of life, it's where we get the word discipline from.

It reminds us that to follow Jesus we have to live like him and shape our lives in a way that reflects who he was and what he taught.

This week we celebrate the Baptism of Jesus which marked the start of his active ministry. That ministry would go on to change the whole world and just like then, we are called to be disciples of Jesus today.

## 1st Week in Ordinary Time

**Sunday**      **10/1**      **THE BAPTISM OF THE LORD** Feast

**Monday**      **11/1**      Monday of week 1 in Ordinary Time

**Tuesday**      **12/1**      Tuesday of week 1 in Ordinary Time  
or Saint Aelred of Rievaulx, Abbot

**Wednesday**      **13/1**      Wednesday of week 1 in Ordinary Time  
or Saint Hilary, Bishop, Doctor

**Thursday**      **14/1**      Thursday of week 1 in Ordinary Time

**Friday**      **15/1**      Friday of week 1 in Ordinary Time

**Saturday**      **16/1**      Saturday of week 1 in Ordinary Time  
or Saturday memorial of the Blessed Virgin Mary

THIS WEEK'S THEME:

## Challenge

How often do we accept the challenges from God and follow Jesus?

As Christians, we face many challenges along our faith journey and we can look to the inner strength that is given to us by God to meet those challenges head on like the saints we look at this week.

Think this week about the challenges you face and who you can ask for help.

## 2nd Week in Ordinary Time

WEEK

2

**Sunday**      **17/1**      2ND SUNDAY IN ORDINARY TIME

**Monday**      **18/1**      Monday of week 2 in Ordinary Time

**Tuesday**      **19/1**      Tuesday of week 2 in Ordinary Time  
or Saint Wulstan, Bishop, Religious

**Wednesday**      **20/1**      Wednesday of week 2 in Ordinary Time  
or Saint Fabian, Pope, Martyr or Saint Sebastian, Martyr or Blessed Cyprian Michael Iwene Tansi, Priest

**Thursday**      **21/1**      **Saint Agnes, Virgin, Martyr**

**Friday**      **22/1**      Friday of week 2 in Ordinary Time  
or Saint Vincent, Deacon, Martyr

**Saturday**      **23/1**      Saturday of week 2 in Ordinary Time  
or Saturday memorial of the Blessed Virgin Mary

# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Inspire

The word inspire means "filled with the spirit" and there are times when all of us take inspiration from the events and people around us.

St Paul was inspired by a vision of Christ to change his ways and be a better person on the road to Damascus - we too can be inspired by Christ to change for the better.

This week, think about how you can be inspirational.

## 3rd Week in Ordinary Time

WEEK  
3

**Sunday 24/1** 3RD SUNDAY IN ORDINARY TIME  
(SUNDAY OF THE WORD OF GOD)

**Monday 25/1** THE CONVERSION OF SAINT PAUL,  
APOSTLE Feast

**Tuesday 26/1** Saints Timothy and Titus, Bishops

**Wednesday 27/1** Wednesday of week 3 in Ordinary Time  
or Saint Angela Merici, Virgin

**Thursday 28/1** Saint Thomas Aquinas, Priest, Doctor

**Friday 29/1** Friday of week 3 in Ordinary Time

**Saturday 30/1** Saturday of week 3 in Ordinary Time  
or Saturday memorial of the Blessed  
Virgin Mary

# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Care

On Tuesday, we celebrate the feast of the Presentation of the Lord. This commemorates when Mary and Joseph would have presented Jesus to God at the temple and made an offering for him.

It reminds us that Mary and Joseph looked out for Jesus and took care of him, just as many people look after and take care of us too. Think this week about who takes care of you and who you take care of.

What does it mean to be cared for and what difference can it make to your life?

Check out Extra-Ordo-Nary online at [YouTube.com/ndcyslive](https://www.youtube.com/ndcyslive)

## 4th Week in Ordinary Time

WEEK

4

**Sunday**      **31/1**      **4TH SUNDAY IN ORDINARY TIME**

**Monday**      **1/2**      Monday of week 4 in Ordinary Time

**Tuesday**      **2/2**      **THE PRESENTATION OF THE LORD  
Feast**

**Wednesday**      **3/2**      Wednesday of week 4 in Ordinary Time  
or Saint Ansgar (Oscar), Bishop  
or Saint Blaise, Bishop, Martyr

**Thursday**      **4/2**      **Saint Gilbert of Sempringham, Abbot**

**Friday**      **5/2**      **Saint Agatha, Virgin, Martyr**

**Saturday**      **6/2**      **Saints Paul Miki and his Companions,  
Martyrs**



# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Healing

This week we celebrate the Feast of Our Lady of Lourdes. When Our Lady appeared to St Bernadette, she called people to her to bathe in the water, to repent and find healing. Today millions of people visit Lourdes looking for the same peace and healing in their lives.

That healing is not always physical, sometimes it can be mental or emotional too and as we celebrate this beautiful feast let us think about the things that we need healing and how we bring healing to others

## 5th Week in Ordinary Time

WEEK  
1

**Sunday**      **7/2**      **5TH SUNDAY IN ORDINARY TIME**

**Monday**      **8/2**      Monday of week 5 in Ordinary Time  
or Saint Jerome Emilian  
or Saint Josephine Bakhita, Virgin

**Tuesday**      **9/2**      Tuesday of week 5 in Ordinary Time

**Wednesday**      **10/2**      **Saint Scholastica, Virgin**

**Thursday**      **11/2**      Thursday of week 5 in Ordinary Time  
or Our Lady of Lourdes

**Friday**      **12/2**      Friday of week 5 in Ordinary Time

**Saturday**      **13/2**      Saturday of week 5 in Ordinary Time  
or Saturday memorial of the Blessed  
Virgin Mary

# Extra-Ordinary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Forgiveness

This week we begin Lent - a very special and important time in the church.

On Wednesday, we will start our journey towards Easter with our Ash Wednesday liturgies and it is at this point that we are reminded that God's forgiveness and mercy is always there for us.

The Ashes remind us that we can begin again and let go of the mistakes we have made.

Think this week about what Lent will mean for you, what will you do and how will you experience God's mercy?

Check out Extra-Ordo-Nary online at [YouTube.com/ndcyslive](https://www.youtube.com/ndcyslive)

## 6th Week in Ordinary Time

WEEK  
2

**Sunday**      **14/2**      **6TH SUNDAY IN ORDINARY TIME**

**Monday**      **15/2**      Monday of week 6 in Ordinary Time

**Tuesday**      **16/2**      Tuesday of week 6 in Ordinary Time

**Wednesday**      **17/2**      **ASH WEDNESDAY**

**Thursday**      **18/2**      Thursday after Ash Wednesday

**Friday**      **19/2**      Friday after Ash Wednesday

**Saturday**      **20/2**      Saturday after Ash Wednesday

# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Prayer

Prayer is something that can be really hard to understand, let alone do.

Sometimes it comes naturally but usually it's something we forget about and don't find time for.

Prayer is simply a chat with God and you don't need to use the right words, you don't even need to use any words, you just need to put aside some time to be in God's presence.

It's amazing what a difference a few minutes a day can make - try it for yourself this week!

## 1st Week of Lent

WEEK  
1

**Sunday**      **21/2**      **1ST SUNDAY OF LENT**

**Monday**      **22/2**      **SAINT PETER'S CHAIR Feast**

**Tuesday**      **23/2**      Tuesday of the 1st week of Lent  
(commemoration of Saint Polycarp,  
Bishop, Martyr)

**Wednesday**      **24/2**      Wednesday of the 1st week of Lent

**Thursday**      **25/2**      Thursday of the 1st week of Lent

**Friday**      **26/2**      Friday of the 1st week of Lent

**Saturday**      **27/2**      Saturday of the 1st week of Lent  
(commemoration of Saints Margaret  
Clitherow, Anne Line, and Margaret  
Ward, Martyrs)

# Extra-Ordinary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Fasting

We often give up things for Lent but fasting is not just about going without chocolate.

It's about going without something you don't need in order to focus on the things you do.

You might fast from watching TV or going on your phone and spend more time with your family and friends.

This this week about a change in your life you can make for the better and use this Lent to help you grow in faith.

## 2nd Week of Lent

WEEK

2

**Sunday**      **28/2**      2ND SUNDAY OF LENT

**Monday**      **1/3**      SAINT DAVID, BISHOP Feast

**Tuesday**      **2/3**      Tuesday of the 2nd week of Lent

**Wednesday**      **3/3**      Wednesday of the 2nd week of Lent

**Thursday**      **4/3**      Thursday of the 2nd week of Lent  
(commemoration of Saint Casimir)

**Friday**      **5/3**      Friday of the 2nd week of Lent

**Saturday**      **6/3**      Saturday of the 2nd week of Lent

# Extra-Ordinary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Almsgiving

Almsgiving means simply giving to those in need.

It's about recognising how lucky we are to have so much and focusing on how we can help those around us to have the same. It's also not just about giving money to charity.

You can give of your self in so many ways - you can give your time, your compassion or your love to those in need and by doing so you can truly understand what Lent is all about.

## 3rd Week of Lent

WEEK  
3

**Sunday**      **7/3**      **3RD SUNDAY OF LENT**

**Monday**      **8/3**      Monday of the 3rd week of Lent  
(commemoration of Saint John of God,  
Religious)

**Tuesday**      **9/3**      Tuesday of the 3rd week of Lent  
(commemoration of Saint Frances of  
Rome, Religious)

**Wednesday**      **10/3**      Wednesday of the 3rd week of Lent

**Thursday**      **11/3**      Thursday of the 3rd week of Lent

**Friday**      **12/3**      Friday of the 3rd week of Lent

**Saturday**      **13/3**      Saturday of the 3rd week of Lent

# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Sacrifice

This week we will be thinking about the sacrifice that Jesus made for us. His death and resurrection are at the heart of our faith and they are the reason that we have our school and our Church today.

We are called to make sacrifices too, not necessarily to give our lives, but maybe to give our time, or our love or our compassion. This week we think too about St Joseph - who made huge sacrifices to be with Mary.

Who makes sacrifices for you?

## 4th Week of Lent

WEEK

4

**Sunday**      **14/3**      **4TH SUNDAY OF LENT**

**Monday**      **15/3**      Monday of the 4th week of Lent

**Tuesday**      **16/3**      Tuesday of the 4th week of Lent

**Wednesday**      **17/3**      **SAINT PATRICK, BISHOP, MISSIONARY Feast**

**Thursday**      **18/3**      Thursday of the 4th week of Lent (commemoration of Saint Cyril of Jerusalem, Bishop, Doctor)

**Friday**      **19/3**      **SAINT JOSEPH, HUSBAND OF THE BLESSED VIRGIN MARY Solemnity**

**Saturday**      **20/3**      Saturday of the 4th week of Lent (commemoration of Saint Almund, King and Martyr)

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# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Journey

Lent is a truly special Journey that helps us walk with Jesus and get closer to him.

By trying to walk in his footsteps we can understand better about sacrifice and love.

Think about your journey through lent so far - how hard has it been?

What have been the struggles you have faced? This this week reflect on what you've done on your journey and just how far you've come.

## 5th Week of Lent

WEEK  
1

**Sunday**      **21/3**      **5TH SUNDAY OF LENT**

**Monday**      **22/3**      Monday of the 5th week of Lent

**Tuesday**      **23/3**      Tuesday of the 5th week of Lent  
(commemoration of Saint Turibius of  
Mongrovejo, Bishop)

**Wednesday**      **24/3**      Wednesday of the 5th week of Lent

**Thursday**      **25/3**      **THE ANNUNCIATION OF THE LORD  
Solemnity**

**Friday**      **26/3**      Friday of the 5th week of Lent

**Saturday**      **27/3**      Saturday of the 5th week of Lent

# Extra-Ordinary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Passion

This week we hear the story of the Passion. We hear and remember the final moments of Jesus' life and his amazing act of love and sacrifice.

We mirror the last few days during the Easter Triduum and journey with Jesus through the Last Supper, his crucifixion and his death on the cross.

We finish our week with the Easter Vigil and as the light enters the Church we celebrate the Resurrection.

Reflect this week on what this event means to you and to the world.

Check out Extra-Ordinary online at [YouTube.com/ndcyslives](https://www.youtube.com/ndcyslives)

## Holy Week

WEEK

2

**Sunday**      **28/3**      PALM SUNDAY

**Monday**      **29/3**      MONDAY OF HOLY WEEK

**Tuesday**      **30/3**      TUESDAY OF HOLY WEEK

**Wednesday**      **31/3**      WEDNESDAY OF HOLY WEEK

**Thursday**      **1/4**      MAUNDY THURSDAY

**Friday**      **2/4**      GOOD FRIDAY

**Saturday**      **3/4**      HOLY SATURDAY



# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Alleluia

On Sunday we celebrated the most important celebration within our faith, the resurrection of Jesus!

We celebrate the season of Easter by using a word we don't use during Lent - Alleluia!

The word simply means 'praise the lord' and it's a reminder that at this time of year we should be rejoicing and celebrating that Jesus is risen.

Think this week about what makes you want to celebrate and think about how you can show the world the joy of the resurrection.

## 1st Week of Eatertide

WEEK  
1

**Sunday**      **4/4**      **EASTER SUNDAY**

**Monday**      **5/4**      **EASTER MONDAY**

**Tuesday**      **6/4**      **EASTER TUESDAY**

**Wednesday**      **7/4**      **EASTER WEDNESDAY**

**Thursday**      **8/4**      **EASTER THURSDAY**

**Friday**      **9/4**      **EASTER FRIDAY**

**Saturday**      **10/4**      **EASTER SATURDAY**

# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Evangelise

We are called to be an outward looking Church - spreading the Good News just as Mary Magdalene did on that Easter morning. Pope Francis tell us that we should not look in on ourselves but instead take the Joy of the Gospel out to those people who need to hear it.

This means living our life in a way that reflects our scripture and shows people the very best of what our Church is all about.

How can you evangelise this week? How can you show people what is truly important and set a good example?

Check out Extra-Ordo-Nary online at [YouTube.com/ndcyslives](https://www.youtube.com/ndcyslives)

## 2nd Week of Eastertide

WEEK  
2

**Sunday**

**11/4**

**DIVINE MERCY SUNDAY (2ND SUNDAY OF EASTER)**

**Monday**

**12/4**

Monday of the 2nd week of Eastertide or Saint Guthlac of Crowland, Hermit

**Tuesday**

**13/4**

Tuesday of the 2nd week of Eastertide or Saint Martin I, Pope, Martyr

**Wednesday**

**14/4**

Wednesday of the 2nd week of Eastertide

**Thursday**

**15/4**

Thursday of the 2nd week of Eastertide

**Friday**

**16/4**

Friday of the 2nd week of Eastertide

**Saturday**

**17/4**

Saturday of the 2nd week of Eastertide

# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Faith

Having faith can be tough. It means believing in something that you can not know for certain. In a world where there is almost an answer for everything this can be difficult.

Have a think about your faith and what you believe in. What makes it hard to believe in God?

Asking questions is a really important part of growing in faith so this week make some time to ask questions of the people around you - ask them why they believe what they do and through this try and understand your own faith a little bit more.

Check out Extra-Ordo-Nary online at [YouTube.com/ndcyslive](https://www.youtube.com/ndcyslive)

## 3rd Week of Eastertide

WEEK  
3

**Sunday**

**18/4**

**3RD SUNDAY OF EASTER**

**Monday**

**19/4**

Monday of the 3rd week of Eastertide

**Tuesday**

**20/4**

Tuesday of the 3rd week of Eastertide

**Wednesday 21/4**

**Saint Anselm of Canterbury, Bishop, Doctor**

**Thursday**

**22/4**

Thursday of the 3rd week of Eastertide

**Friday**

**23/4**

**SAINT GEORGE, MARTYR Solemnity**

**Saturday**

**24/4**

Saturday of the 3rd week of Eastertide or Saint Fidelis of Sigmaringen, Priest, Martyr or Saint Adalbert of Prague, Bishop, Martyr

# Extra-Ordinary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Vocation

Vocation Sunday helps us to think about the calling that God has for all of us.

We see incredible saints this week who were called by the same God to serve in different ways.

Spend some time thinking about what God might be calling you to do this week.

## 4th Week of Eastertide

WEEK

4

**Sunday**      **25/4**      **4TH SUNDAY OF EASTER**

**Monday**      **26/4**      Monday of the 4th week of Eastertide

**Tuesday**      **27/4**      Tuesday of the 4th week of Eastertide

**Wednesday**      **28/4**      Wednesday of the 4th week of Eastertide or Saint Peter Chanel, Priest, Martyr or Saint Louis Marie Grignon de Montfort, Priest

**Thursday**      **29/4**      **SAINT CATHERINE OF SIENA, VIRGIN, DOCTOR** Feast

**Friday**      **30/4**      Friday of the 4th week of Eastertide or Saint Pius V, Pope

**Saturday**      **1/5**      Saturday of the 4th week of Eastertide or Saint Joseph the Worker

# Extra-Ordinary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Missionary Discipleship

Life wasn't easy for the disciples even after the resurrection.

They faced challenges every day - but they didn't give up. They were committed to their mission.

We face trials every day, as many of our community face exams in the next few weeks, we have to inspire each other to stay committed and to face the challenges head on.

## 5th Week of Eastertide

WEEK  
1

**Sunday**      **2/5**      **5TH SUNDAY OF EASTER**

**Monday**      **3/5**      **SAINTS PHILIP AND JAMES, APOSTLES Feast**

**Tuesday**      **4/5**      **THE ENGLISH MARTYRS Feast**

**Wednesday**      **5/5**      Wednesday of the 5th week of Eastertide

**Thursday**      **6/5**      Thursday of the 5th week of Eastertide

**Friday**      **7/5**      Friday of the 5th week of Eastertide

**Saturday**      **8/5**      Saturday of the 5th week of Eastertide

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THIS WEEK'S THEME:

## Witness

To be a witness involves telling others about what you have seen.

The first disciples were witness to the resurrection and to Jesus' ascension which we celebrate this week, but we too can be witness to Christ when we recognise him at work in our world.

The question is, how will you tell others what you've seen so that the Good News continues to be heard?

## 6th Week of Eastertide

WEEK

2

**Sunday**

**9/5**

**6TH SUNDAY OF EASTER**

**Monday**

**10/5**

Monday of the 6th week of Eastertide

**Tuesday**

**11/5**

Tuesday of the 6th week of Eastertide or Saints John Houghton and Robert Lawrence, and the Martyrs of Nottinghamshire

**Wednesday**

**12/5**

Wednesday of the 6th week of Eastertide or Saints Nereus and Achilleus, Martyrs or Saint Pancras, Martyr

**Thursday**

**13/5**

**THE ASCENSION OF THE LORD  
Solemnity**

**Friday**

**14/5**

**SAINT MATTHIAS, APOSTLE Feast**

**Saturday**

**15/5**

Saturday of the 6th week of Eastertide

THIS WEEK'S THEME:

## Example

As a Christian, we are all called to be an example and to be inspirational to other people. If only it was that easy!

Think this week about who looks up to you and of course, who you look up to.

How can you be a good role model and set a good example to those around you?

Think this week about the saints who we celebrate and learn from their example too.

## 7th Week of Eastertide

WEEK

3

**Sunday**      **16/5**      **7TH SUNDAY OF EASTER**

**Monday**      **17/5**      Monday of the 7th week of Eastertide

**Tuesday**      **18/5**      Tuesday of the 7th week of Eastertide  
or Saint John I, Pope, Martyr

**Wednesday**      **19/5**      Wednesday of the 7th week of  
Eastertide or St Dunstan, Archbishop of  
Canterbury

**Thursday**      **20/5**      Thursday of the 7th week of Eastertide  
or Saint Bernardine of Siena, Priest

**Friday**      **21/5**      Friday of the 7th week of Eastertide  
or Saint Christopher Magallanes and his  
Companions, Martyrs

**Saturday**      **22/5**      Saturday of the 7th week of Eastertide  
or Saint Rita of Cascia

THIS WEEK'S THEME:

## Pentecost

The Feast of Pentecost is one of the biggest events in the history of the Church.

The Church were part of today can be traced back to that single event when the disciples, filled with the Holy Spirit, went out into the streets and started spreading the Good News in many different languages. They found a new courage and a new mission to spread Jesus' message and now over 1 billion people are part of the Catholic Church!

How can you share the Good News with others?

Check out Extra-Ordo-Nary online at [YouTube.com/ndcyslive](https://www.youtube.com/ndcyslive)

**Sunday**      **23/5**      **PENTECOST**

**Monday**      **24/5**      **Mary, Mother of the Church**

**Tuesday**      **25/5**      **Saint Bede the Venerable, Priest, Doctor**

**Wednesday**      **26/5**      **Saint Philip Neri, Priest**

**Thursday**      **27/5**      **OUR LORD JESUS CHRIST THE ETERNAL HIGH PRIEST Feast**

**Friday**      **28/5**      **Friday of week 8 in Ordinary Time**

**Saturday**      **29/5**      **Saturday of week 8 in Ordinary Time or Saint Paul VI, Pope or Saturday memorial of the Blessed Virgin Mary**



# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Reverence

On Sunday we celebrated the feast of the Most Holy Trinity which celebrates God in three persons. We are called to show reverence and respect for God the Father, God the Son and God the Holy Spirit at all times and we can do this in many ways.

One way is by following the second of the Ten Commandments and never talking about God disrespectfully but we can also show reverence through prayer and the way that we behave. Make an effort this week to be reverent and to show respect to God and to those around you.

Check out Extra-Ordo-Nary online at [YouTube.com/ndcyslive](https://www.youtube.com/ndcyslive)

## 9th Week in Ordinary Time

WEEK

1

**Sunday**      **30/5**      **THE MOST HOLY TRINITY Solemnity**

**Monday**      **31/5**      **THE VISITATION OF THE BLESSED VIRGIN MARY Feast**

**Tuesday**      **1/6**      **Saint Justin, Martyr**

**Wednesday**      **2/6**      **Wednesday of week 9 in Ordinary Time or Saints Marcellinus and Peter, Martyrs**

**Thursday**      **3/6**      **Saints Charles Lwanga and his Companions, Martyrs**

**Friday**      **4/6**      **Friday of week 9 in Ordinary Time**

**Saturday**      **5/6**      **Saint Boniface, Bishop, Martyr**

# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Knowledge

Knowledge is one of the gifts of the Holy Spirit. It might sound very simple but you'll often hear people say "knowledge is power".

When you take the time to learn about the world around you, you can start to see just what God has created for us. When you learn something new you grow as a person.

Think this week about how much you learn at school and what you can learn this week. Take the time to ask a question or read a book and improve your knowledge this week.

Check out Extra-Ordo-Nary online at [YouTube.com/ndcyslive](https://www.youtube.com/ndcyslive)

## 10th Week in Ordinary Time

WEEK

2

**Sunday**      **6/6**      **CORPUS CHRISTI Solemnity**

**Monday**      **7/6**      Monday of week 10 in Ordinary Time

**Tuesday**      **8/6**      Tuesday of week 10 in Ordinary Time

**Wednesday**      **9/6**      Wednesday of week 10 in Ordinary Time or Saint Ephraem, Deacon, Doctor or Saint Columba (Colum Cille), Abbot

**Thursday**      **10/6**      Thursday of week 10 in Ordinary Time

**Friday**      **11/6**      **THE MOST SACRED HEART OF JESUS Solemnity**

**Saturday**      **12/6**      **The Immaculate Heart of Mary**

# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Understanding

Knowledge is one thing, but unless we understand it we can't use it to make the world a better place.

Understanding helps us take our knowledge and apply it to our lives. Think this week about how you could be more understanding. How could you empathise and really understand what your friends are thinking or feeling? It often involves making an effort and really listening.

How can you better understand the consequences of your decisions and actions this week?

## 11th Week in Ordinary Time

WEEK

3

**Sunday**      **13/6**      **11TH SUNDAY IN ORDINARY TIME**

**Monday**      **14/6**      Monday of week 11 in Ordinary Time

**Tuesday**      **15/6**      Tuesday of week 11 in Ordinary Time

**Wednesday**      **16/6**      Wednesday of week 11 in Ordinary Time  
or Saint Richard of Chichester, Bishop

**Thursday**      **17/6**      Thursday of week 11 in Ordinary Time

**Friday**      **18/6**      Friday of week 11 in Ordinary Time

**Saturday**      **19/6**      Saturday of week 11 in Ordinary Time  
or Saint Romuald, Abbot or Saturday  
memorial of the Blessed Virgin Mary

# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Wisdom

When we put knowledge and understanding together we gain wisdom.

Wisdom comes from experience and learning from our mistakes - it takes time!

Think about the people in your life who are wise, what can you learn from them?

How can you use the experiences you've had in the past to help you make wise decisions in the future?

## 12th Week in Ordinary Time

WEEK

4

**Sunday**      **20/6**      12TH SUNDAY IN ORDINARY TIME

**Monday**      **21/6**      Saint Aloysius Gonzaga, Religious

**Tuesday**      **22/6**      SAINTS JOHN FISHER, BISHOP, AND THOMAS MORE, MARTYRS Feast

**Wednesday**      **23/6**      Wednesday of week 12 in Ordinary Time or Saint Etheldreda (or Audrey), Abbess

**Thursday**      **24/6**      THE BIRTHDAY OF SAINT JOHN THE BAPTIST Solemnity

**Friday**      **25/6**      Friday of week 12 in Ordinary Time

**Saturday**      **26/6**      Saturday of week 12 in Ordinary Time or Saturday memorial of the Blessed Virgin Mary

THIS WEEK'S THEME:

## Decisions

Right judgement is another gift of the Holy Spirit and sometimes we call it our conscience.

That little voice inside of us that tells us when we're going wrong or making the wrong decisions.

The Holy Spirit can guide us in our lives if we let it and it can help us make the right choice when are faced with a difficult path.

What do you need to make a decision about this week and how can the Holy Spirit help you use right judgement.

## 13th Week in Ordinary Time

WEEK

1

**Sunday**      **27/6**      **13TH SUNDAY IN ORDINARY TIME**

**Monday**      **28/6**      Saint Irenaeus, Bishop, Martyr

**Tuesday**      **29/6**      **SAINTS PETER AND PAUL, APOSTLES Solemnity**

**Wednesday**      **30/6**      Wednesday of week 13 in Ordinary Time or The First Martyrs of the See of Rome

**Thursday**      **1/7**      Thursday of week 13 in Ordinary Time or Saint Oliver Plunket, Bishop, Martyr

**Friday**      **2/7**      Friday of week 13 in Ordinary Time

**Saturday**      **3/7**      **SAINT THOMAS, APOSTLE Feast**

# Extra-Ordinary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Courage

Courage is something we will all need to find our lives. You may need the courage to face an exam or test, or maybe you'll need the courage to say sorry and seek forgiveness.

The Holy Spirit can give us courage when we need it the most, so think about the times and places where you need courage at the moment and ask God to help you find that courage and move forward.

## 14th Week in Ordinary Time

WEEK

2

**Sunday**      **4/7**      **14TH SUNDAY IN ORDINARY TIME**

**Monday**      **5/7**      Monday of week 14 in Ordinary Time  
or Saint Antony Mary Zaccaria, Priest

**Tuesday**      **6/7**      Tuesday of week 14 in Ordinary Time  
or Saint Maria Goretti, Virgin, Martyr

**Wednesday**      **7/7**      Wednesday of week 14 in Ordinary Time

**Thursday**      **8/7**      Thursday of week 14 in Ordinary Time

**Friday**      **9/7**      Friday of week 14 in Ordinary Time  
or Saint Augustine Zhao Rong and his  
Companions, Martyrs

**Saturday**      **10/7**      Saturday of week 14 in Ordinary Time  
or Saturday memorial of the Blessed  
Virgin Mary

# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Awesome

Awe and wonder is an amazing gift of the Holy Spirit. It's the ability to see the incredible things God has created and not take them for granted.

How easy is it for us to get bored and stop appreciating how lucky we are to have a beautiful world, an amazing school and people who love us?

This week try and look again at those things which maybe you don't fully appreciate.

How can you celebrate what is really awesome in your life?!

## 15th Week in Ordinary Time

WEEK

3

**Sunday**      **11/7**      **15TH SUNDAY IN ORDINARY TIME**

**Monday**      **12/7**      Monday of week 15 in Ordinary Time

**Tuesday**      **13/7**      Tuesday of week 15 in Ordinary Time or Saint Henry

**Wednesday**      **14/7**      Wednesday of week 15 in Ordinary Time or Saint Camillus of Lellis, Priest

**Thursday**      **15/7**      **Saint Bonaventure, Bishop, Doctor**

**Friday**      **16/7**      Friday of week 15 in Ordinary Time or Our Lady of Mount Carmel

**Saturday**      **17/7**      Saturday of week 15 in Ordinary Time or Saturday memorial of the Blessed Virgin Mary

Check out Extra-Ordo-Nary online at [YouTube.com/ndcyslive](https://www.youtube.com/ndcyslive)

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# Extra-Ordo-nary

THE LITURGICAL YEAR

THIS WEEK'S THEME:

## Happy

Jesus tells us how to be happy in the Beatitudes. These form the heart of Catholic Social Teaching and they remind us that real happiness is found in the way we treat those around us.

Think this week about what and who makes you happy.

We can all bring a bit of happiness to the people around us and your challenge this week is to do just that!

## 16th Week in Ordinary Time

WEEK

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**Sunday**      **18/7**      **16TH SUNDAY IN ORDINARY TIME**

**Monday**      **19/7**      Monday of week 16 in Ordinary Time

**Tuesday**      **20/7**      Tuesday of week 16 in Ordinary Time or Saint Apollinaris, Bishop, Martyr

**Wednesday**      **21/7**      Wednesday of week 16 in Ordinary Time or Saint Laurence of Brindisi, Priest, Doctor

**Thursday**      **22/7**      **SAINT MARY MAGDALEN Feast**

**Friday**      **23/7**      **SAINT BRIDGET OF SWEDEN, PATRONESS OF EUROPE Feast**

**Saturday**      **24/7**      Saturday of week 16 in Ordinary Time or Saint Charbel Makhlouf, Priest or Saturday memorial of the Blessed Virgin Mary